

| Name & constituency | Directorships, including non-executive Directorships of a company | An interest or position held in any firm, company or business which is trading with the Foundation Trust or likely to be considered as a potential trading partner with the Foundation Trust | An interest in an organisation providing health and social care services to the NHS | A position of authority in a charity or Voluntary Organisation in the field of health and social care | Any connection with any organisation, entity or company considering entering into a financial arrangement with the Foundation Trust including but not limited to lenders or banks |
|--------------------------------------|---|--|---|---|---|
| Public Allerdale Linda Radcliffe | None | None | None | Trustee of MIND, West Cumbria | None |
| Public Allerdale Rachael H Davies | None | None | None | Founder of ADHD West Cumbria | None |
| Public Allerdale Alinson McCourt | FCW Properties Ltd, Workington | None | None | None | None |
| Public Carlisle Garry English | None | None | None | None | None |
| Public Carlisle Elizabeth Freeman | None | None | None | Member of Stroke Committee of Carlisle | None |
| Public Copeland: Keith Amey | Switch Management Ltd | None | None | None | None |
| Public Copeland: Kerry-Ann Lister | None | None | None | None | None |
| Public Copeland: Carole Woodman | None | None | Stakeholder Member Board National Centre for Remote & Rural Medicine | None | None |

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|----------------------------------|---|--|---|---|---|
| Public Eden: Mike Taylor | None | None | None | 1. Chair of Action for Health (A4H) Cumbria - the CVS supported network of Third Sector health providers 2. Trustee of CVS Cumbria 3. Trustee of Citizens Advice Carlisle & Eden (CACE) 4. County President of St John Ambulance Cumbria | None |
| Public Eden: Jacqueline Nicol | Trustee Citizens Advice Bureau, Carlisle & Eden | None | None | None | None |
| Public Eden: Hilary Carrick | None | None | None | None | None |

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|---|---|--|---|---|---|
| Public Eden: David Pollitt | None | None | None | None | None |
| Public Furness: Stephen Newton | None | None | None | None | None |
| Public Furness: Shahnaz Asghar | None | None | None | None | None |
| Public Lancashire: Derek Seber | None | None | None | None | None |
| Public South Lakeland: Jim Ring | None | None | None | None | None |
| Public South Lakeland: George Butler | None | None | None | Public Governor at UHMB NHS FT | None |
| Public South Lakeland: Patricia Turton | None | None | None | None | None |

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|---|--|--|---|---|---|
| Staff Allerdale and Copeland: Jane Smith | Director of Promotions, NWAA Director & Member of CIC Lottery, NWAA | None | Trustee NWAA – transport patients | Trustee & member NWAA | None |
| Staff Allerdale and Copeland: Patricia Goldwater | None | None | None | None | None |
| Staff Allerdale and Copeland: Leslie Blacklock | None | None | None | None | None |
| Staff Carlisle and Eden: Peter Farrell | None | None | None | None | None |
| Staff Carlisle and Eden: Robert Donlevy | None | None | None | None | None |
| Staff Furness and South Lakeland: Kevin McVeigh | None | None | None | None | None |

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|--|---|--|---|---|---|
| Appointed Governor: Education Alison Hampson | None | University of Cumbria | None | None | None |
| Appointed Governor: Leagues of Friends James Porter | | | | | |
| Appointed Governor: CCC Cllr Mark Wilson | None | Member of Cumbria County Council | Member of Cumbria County Council | None | Member of Cumbria County Council |