

Occupational Therapy following your Amputation

Occupational Therapy

Prosthetic Occupational Therapists within the Specialist Rehabilitation and Mobility Centre (SRMC) aim to enable people to maintain or improve their ability to carry out every day activities which may have been affected following an amputation. We will work together with you and your family or carers to help you overcome difficulties and enable independence in all areas of daily living.

As Prosthetic Occupational Therapists we work both on the ward and in the outpatient setting in the SRMC, working with you from before your amputation or shortly afterwards on the ward, providing rehabilitation and discharge planning right through to the outpatient setting as you return home and adapt to life following your amputation.

How can Occupational Therapists help you?

We will start by establishing the reason why you may have difficulties carrying out every day activities. We will ask you how you were managing before you had your amputation. With your permission this may also involve speaking to your family or carers. We will discuss with you what your goals are following your amputation and how we can support you in meeting these goals.

Occupational Therapy treatment may include:

- Practicing activities that you find difficult following your amputation
- Practicing the skills you need in order to do the things that are important to you
- Working with you to find new ways of doing everyday tasks including donning and doffing your prosthesis
- Prescribing or adapting wheelchairs/pressure relief following your amputation
- Prescribing equipment for use at home or assessing for adaptations at home
- Assessing your home environment to make things easier following your amputation
- Working with yourself and your employer to enable you to return to work
- Working with yourself to enable you to return to or commence new leisure activities
- Referring you to other or providing details of services to enable you to increase your independence further or seek support if required.

How to identify the Prosthetic Occupational Therapist

Occupational Therapists wear a uniform that consists of a white tunic with bottle green trim and bottle green trousers.



If you have any questions please contact us at;

Disablement Services Centre, Rehabilitation Department
Lower Ground Floor, Cumberland Infirmary, Carlisle CA2 7HY
Tel: 01228 814783 Mon – Friday: 08:30 – 16:30

Transport

Transport is available, if you meet the eligibility criteria Otherwise you will need to make your own way to the DSC. Please phone 0800 032 3240 to book your own transport

Confidentiality

‘The Trust’s vision is to keep your information safe in our hands.’

We promise to use your information fairly and legally, and in-line with local and national policies. You have a right to understand how your information is used and you can request a copy of the information we hold about you at any time.

For further information contact the Subject Access Coordinators SACCIC@ncuh.nhs.uk or SACWCH@ncuh.nhs.uk

Feedback

We appreciate and encourage feedback, which helps us to improve our services. If you have any comments, compliments or complaints to make about your care, please contact the PALS team (Patient Advice and Liaison Service) on 01228 814008 between 10.30 and 4.30 Monday to Friday or email PALSCIC@ncuh.nhs.uk.

If you would like this factsheet in another language or format, for example Braille, large print or audio the PALS team will be able to assist you (contact details above)

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