

# Children's Community Learning Disability & Behaviour Support Service



Happier | Healthier | Hopeful

**Support to understand and meet the health needs of children with learning disabilities, global developmental delay and autism**

## **Who we are and what we can provide:**

We are a team of experienced learning disability nurses and assistant practitioners. We are able to offer a service when a child or young person requires specialist support arising from their learning disability or autism and its impacts on their health. We often do this by working to advise parents or other health professionals working with that child.

## **Eligibility**

### **Children aged 2-18 years**

- With global development delay or learning disabilities
- Who require specialist support beyond universal and targeted services

### **Children aged 2 -11 years**

- Who have a diagnosis of autism
- We have a limited offer of services for those in the process of assessment for autism

## **What to expect?**

**Parents will be offered a programme or workshop** as this has been shown to be the most helpful for families.

The programmes and workshops we offer are co-facilitated alongside partner agencies. The aim is to help understand and positively meet the child's needs.

The programmes are:

- **NAS EarlyBird** (for parents of children pre-school autism)
- **What Now?** (for parents of school age children with autism)
- **Early- Positive Approach to Support (E-PAtS)** (for parents of children pre-school aged children with developmental delay)
- **Behaviour Support workshops** (for parents of children with learning disabilities and / or autism who fit our criteria above)
- **Sensory Workshops** (alongside an Occupational Therapist, for parents of children with learning disabilities and / or autism or going through an autism assessment who fit our criteria above)
- **Sleep Workshops** (for parents of children with learning disabilities and / or autism, or going through an autism assessment, who fit our criteria above)



**Programme planners are available to view here**

[Carlisle & Eden](#), [Allerdale & Copeland](#), [South Lakes & Furness](#)

**For children/young people with a Learning Disability** where a parent programme/workshop has been completed, or does not meet identified need, we can provide specialist assessments and interventions:

- Understanding Behaviour
- Sleep
- Continence
- Skills development (e.g. eating, independence skills)
- Access to health provisions / health promotion
- Transitions

**For children with autism (without learning disabilities) where complex behavioural difficulties persist** after attending appropriate parent programmes we can offer a time limited intervention. This would support the family to develop a behaviour support plan.

In addition, we can provide advice and consultation for other health teams on how to adapt their service to make reasonable adjustment for children with learning disabilities or autism.

**Referrals and contact information:**

To send us a referral or if you have any queries, please contact us via email at [ChildrensLearningDisability@cumbria.nhs.uk](mailto:ChildrensLearningDisability@cumbria.nhs.uk)

**Referral forms are available to download here.**

Below is a list of the locations the service can be accessed throughout Cumbria:

**East Cumbria (Carlisle & Eden)**

Springboard Child Development Centre,  
Orton Road, Carlisle, CA2 7HE  
Tel: 01228 603195

**South Cumbria (Barrow & South Lakes)**

Stafford House,  
103-105 Abbey Road, Barrow-in-Furness, LA14 5EX  
Tel: 01229 404693

**West Cumbria (Allerdale & Copeland)**

Workington Community Hospital,  
Park Lane, Workington, CA14 2RW  
Tel: 01900 705081

## Confidentiality

**‘The Trust’s vision is to keep your information safe in our hands.’**

We promise to use your information fairly and legally, and in-line with local and national policies. You have a right to understand how your information is used and you can request a copy of the information we hold about you at any time.

For further information contact the Information Governance Team on 01228 608998 or email [Information.Governance@cumbria.nhs.uk](mailto:Information.Governance@cumbria.nhs.uk)

## Feedback

We appreciate and encourage feedback, which helps us to improve our services. If you have any comments, compliments or complaints to make about your care, please contact the Patient Experience Team.

Email: [PET@cumbria.nhs.uk](mailto:PET@cumbria.nhs.uk) Tel: 01228 602128 Freephone: 0800 633 5547

If you would like this factsheet in another language or format, for example Braille, large print or audio, please call:

**01228 603890**

E: [communications.helpdesk@cumbria.nhs.uk](mailto:communications.helpdesk@cumbria.nhs.uk)

Or write to Engagement and Communications  
Voreda House | Portland Place | Penrith | CA11 7QQ



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