Pretibial Lacerations

Minor Injury Unit

- The cut on your leg is one which needs special care and can take anything from a few weeks to a few months to heal.
- We don’t use stitches on this type of cut because the skin is usually very thin on your leg, we instead use wound closure strips.
- Your cut will heal better with a good supply of blood to it which is why we put the bandage all the way from your toes to your knee. This ensures a good even circulation to your leg.

Things to remember about your bandage

Do:
- Keep your bandage on until your next visit
- Keep yourself mobile and walking around as usual
- Rest 2 or 3 times a day for ½ hour each time by sitting or lying down with your legs higher than your bottom
- Take something simple like Paracetamol if you need painkillers.

Don’t
- Get your bandage wet
- Stand for a long time in one position

Speak to your GP or attend your nearest hospital if:
- Your leg bleeds heavily, soaking the dressing thoroughly
- Your toes become very swollen
- You are worried about your leg for any reason at all.

If you need further advice you can telephone 111 for immediate advice.
Contact us [if not included elsewhere]
This factsheet has been produced by the ……………….. service.
Your …… team is based at
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Telephone:
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Feedback
We appreciate and encourage feedback, which helps us to improve our services. If you have any comments, compliments or complaints to make about your care, please contact the Patient Experience Team.
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