

# Wound closure strips

## Minor Injury Unit



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Wound closure strips are special strips of sticky paper, often called 'butterfly stitched' these have been used to close your wound and will help it to heal quickly with only a small scar.

Here are some points about how to look after your wound:

- Keep your wound clean and dry. If it does get wet then gently pat it dry with a clean towel.
- Keep your wound closure strips on for 5 – 7 days unless you have been told otherwise by a nurse or doctor.
- The strips will fall away by themselves. The doctor or nurse may tell you to take them off if your wound has healed. To do this, gently peel each end of the strip towards the middle.

Sometimes a wound does not heal very well. Please contact your GP or your nearest Minor Injuries Unit for advice if any of the following happen:

- You get a lot of swelling
- The edges of the wound do not heal
- You get a lot of pain
- The wound oozes or leaks

### **Important:**

**If your wound closure strips fall off before the wound is healed, then please return immediately for us to make sure that nothing is wrong.**

**If you have any concerns please go to your GP or nearest Minor Injury Unit or telephone 111 for advice.**



## Contact us [if not included elsewhere]

This factsheet has been produced by the ..... service.

Your ..... team is based at

.....

Telephone:

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## Confidentiality

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For further information contact the Information Governance Team on 01228 608998 or email [Information.Governance@cumbria.nhs.uk](mailto:Information.Governance@cumbria.nhs.uk)

## Feedback

We appreciate and encourage feedback, which helps us to improve our services. If you have any comments, compliments or complaints to make about your care, please contact the Patient Experience Team.

Email: [PET@cumbria.nhs.uk](mailto:PET@cumbria.nhs.uk) Tel: 01228 602128 Freephone: 0800 633 5547

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