

Information & advice following removal of Cervical Polyp

Gynaecology Clinic Advice

A small cervical polyp has been removed from your cervix today. You may have some bleeding or dark discharge for approximately 48 hours. In order to prevent infection it is advisable for the next 2-3 days to shower rather than bath, to use pads instead of tampons and you should avoid intercourse. Some women may experience mild pain, if this occurs we recommend mild pain relief such as paracetamol or Ibuprofen during the next 24 hours to help ease these symptoms.

You will receive a letter in approximately 4 weeks informing you of your results and follow-up if required.

If you have questions or concerns you can contact our department on 01228 814245, to speak to one of our team, evenings and weekends you can contact Aspen Ward on 01228 814287.

West Cumberland Hospital - Colposcopy secretary 01946 523219

Cumberland Infirmary - Colposcopy secretary 01228 814220

Travel Costs - You may be entitled to help with travel costs. For more information please contact the NHS Patient Services Helpline on 0845 8501166 (8am-6pm)

Confidentiality

'The Trust's vision is to keep your information safe in our hands.'

We promise to use your information fairly and legally, and in-line with local and national policies. You have a right to understand how your information is used and you can request a copy of the information we hold about you at any time.

For further information contact the Subject Access Coordinators
SACCIC@ncuh.nhs.uk or SACWCH@ncuh.nhs.uk

Feedback

We appreciate and encourage feedback, which helps us to improve our services. If you have any comments, compliments or complaints to make about your care, please contact the PALS team (Patient Advice and Liaison Service) on 01228 814008 between 10.30 and 4.30 Monday to Friday or email PALSCIC@ncuh.nhs.uk.

If you would like this factsheet in another language or format, for example Braille, large print or audio the PALS team will be able to assist you (contact details above)

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