

# Information and advice following a Cervix Punch Biopsy

## Colposcopy Clinic Advice

Your treatment today involved taking a small sample of skin (punch biopsy) from your cervix. Silver nitrate was used to control the bleeding. You may have some bleeding and a dark grey discharge caused by the silver nitrate for approximately 48 hours. In order to prevent infection it is advisable to shower rather than bath and it is advisable for the next 2-3 days to use pads rather than tampons and you should avoid intercourse. You will receive a results letter in approximately 4 weeks informing you of your results and follow-up if required.

If you have any questions or concerns you can contact our department on 01228 814245 or 01946 523211

**West Cumberland Hospital - Colposcopy secretary 01946 523219**  
**Cumberland Infirmary - Colposcopy secretary 01228 814220**

## Travel Costs

You may be entitled to help with travel costs. For more information please contact the NHS Patient Services Helpline on 0845 8501166 (8am-6pm)

## Confidentiality

**'The Trust's vision is to keep your information safe in our hands.'**

We promise to use your information fairly and legally, and in-line with local and national policies. You have a right to understand how your information is used and you can request a copy of the information we hold about you at any time.

For further information contact the [Subject Access Coordinators](#)  
[SACCIC@ncuh.nhs.uk](mailto:SACCIC@ncuh.nhs.uk) or [SACWCH@ncuh.nhs.uk](mailto:SACWCH@ncuh.nhs.uk)

## Feedback

We appreciate and encourage feedback, which helps us to improve our services. If you have any comments, compliments or complaints to make about your care, please contact the PALS team (Patient Advice and Liaison Service) on 01228 814008 between 10.30 and 4.30 Monday to Friday or email [PALSCIC@ncuh.nhs.uk](mailto:PALSCIC@ncuh.nhs.uk).

If you would like this factsheet in another language or format, for example Braille, large print or audio the PALS team will be able to assist you (contact details above)

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