

Information & advice following Cryocautery

Your treatment today involved “freezing” an area of your cervix.

What to expect:

1. A watery discharge usually follows treatment. On average it lasts about 10 days, but it does vary. If you develop a smelly vaginal discharge or pain in your lower abdomen this can indicate infection, please contact your doctor.
2. Period pain may occur for a short time following treatment but it is usually eased by simple painkillers for example, Paracetamol or Ibuprofen.
3. In order to prevent infection and allow healing to occur it is advisable to use pads rather than tampons until the discharge stops. We also advise you shower rather than bath, to avoid sexual intercourse and swimming for four weeks.

If you have any questions or concerns you can contact our department at Carlisle on 01228 814245 to speak to one of our gynaecology team, evenings and weekends you can contact Aspen Ward on 01228 814287.

If you have any questions regarding treatment received at

West Cumberland Hospital - Colposcopy secretary 01946 523219

Cumberland Infirmary - Colposcopy secretary 01228 814220

Travel Costs -You may be entitled to help with travel costs. For more information please contact the NHS Patient Services Helpline on 0845 8501166 (8am-6pm)

Confidentiality

‘The Trust’s vision is to keep your information safe in our hands.’

We promise to use your information fairly and legally, and in-line with local and national policies. You have a right to understand how your information is used and you can request a copy of the information we hold about you at any time.

For further information contact the [Subject Access Coordinators](#)
SACCIC@ncuh.nhs.uk or SACWCH@ncuh.nhs.uk

Feedback

We appreciate and encourage feedback, which helps us to improve our services. If you have any comments, compliments or complaints to make about your care, please contact the PALS team (Patient Advice and Liaison Service) on 01228 814008 between 10.30 and 4.30 Monday to Friday or email PALSCIC@ncuh.nhs.uk.

If you would like this factsheet in another language or format, for example Braille, large print or audio the PALS team will be able to assist you (contact details above)

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