

Manual Vacuum Aspiration of Pregnancy

Manual Vacuum of Aspiration of Pregnancy (MVA) is a way of performing termination of pregnancy using local anaesthetic whilst you are awake. MVA has been used for more than 30 years in the UK, United States and globally. It has been shown to be a safe procedure with a high success rate and good patient acceptability.

This method is appropriate up to nine weeks gestation.

Local anaesthetic is used to numb your cervix prior to the procedure a narrow tube is then used to empty your womb using gentle suction

Choosing to terminate a pregnancy can be an emotionally difficult decision. This leaflet aims to provide information about Manual Vacuum Aspiration of Pregnancy and what to expect before, during and after the procedure.

What Will Happen?

You will have one or two visits to the hospital

1st Visit:-

- You will be seen by a nurse and perhaps a doctor who are experienced with this procedure. They will be able to answer any questions you may have.
- We will take a medical, menstrual and contraceptive history; future contraception will be discussed and agreed with you.
- A blood sample may will be taken or arranged with you to check on your Blood Group.
- You will be offered Chlamydia and Gonorrhoea Testing, with a self-taken swab.
- An ultrasound scan is performed to see how far your pregnancy has progressed.
- If, after discussion you decide to go ahead with Manual Vacuum Aspiration Termination you will be asked to sign two consent forms.

- A suitable time will be agreed with you for the procedure to happen. You will require a responsible adult to be with you on the day and to take you home afterwards

On the day of the procedure you will be asked to attend Women's Outpatients Department. You can expect to be in the department for 2 – 3 hours

Date

Time

On Admission - You will be seen by the nurse.

You will be given some tablets to be inserted into the vagina. This can either be done by yourself using a tampon or, can be put in for you by the nurse. These are inserted approximately one hour prior to the procedure. These allow your cervix to be prepared for the procedure. We will give you some pain relieving medication.

What happens during the termination?

- The procedure lasts 15 to 20 minutes in total.
- You will be asked to lie on a couch where a speculum will be inserted to allow the doctor to see your cervix.
- You will be given some local anaesthetic which will numb your cervix. This allows the doctor to gently open your cervical canal.
- Some women find using some gas and air (Entonox) useful to help with any discomfort. The nurse will explain how to use this at the time of the procedure.
- A small tube is then inserted through your cervix and gentle suction applied. This allows the doctor to aspirate the gestation sac from your womb; you may experience some crampy, period type pains.
- The doctor or the nurse will use ultrasound to ensure that the sac has come away.
- Most women feel well enough to go straight home after the procedure; others need to rest for a short amount of time.
- During your stay you will be given antibiotic tablets to reduce the risk of infection. It is **very** important that you take these. If you feel that you cannot take these tablets please discuss this with the staff.

If your blood group is Rhesus negative you will be given an Anti D injection prior to discharge.

The contraception that you have decided upon will be started at this time (coils can be put in at the time of the procedure or three weeks later at another appointment).

www.victimsupport.org.uk

National Domestic Violence Helpline: 0808 2000 247

The Bridgeway (Sexual Assault Support Service 24/7 Helpline) 0808 118 6432

Confidentiality

'The Trust's vision is to keep your information safe in our hands.'

We promise to use your information fairly and legally, and in-line with local and national policies. You have a right to understand how your information is used and you can request a copy of the information we hold about you at any time.

For further information contact the [Subject Access Coordinators](#)
SACCIC@ncuh.nhs.uk or SACWCH@ncuh.nhs.uk

Feedback

We appreciate and encourage feedback, which helps us to improve our services. If you have any comments, compliments or complaints to make about your care, please contact the PALS team (Patient Advice and Liaison Service) on 01228 814008 between 10.30 and 4.30 Monday to Friday or email PALSCIC@ncuh.nhs.uk.

If you would like this factsheet in another language or format, for example Braille, large print or audio the PALS team will be able to assist you (contact details above)

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