

# Memory Matters

## Carers Support Group

### Do you care for someone living with dementia or early signs of memory loss?

Based in Carlisle Library, we are here to listen and offer support on a range of issues. Our vision is to bring the community and what it can offer together, this includes;

- Informal opportunity to ask questions
- Education – Signposting
- Carers Assessments
- Emotional support
- Promote links with local resources



**From 11<sup>th</sup> July 2016**

Join us at

**Carlisle Library**

each Monday between

**1:30-3:30pm**

**11 Globe Ln, Carlisle CA3 8NX**

(except bank holidays)

**Contact: 01228 602100**

**Carol Desborough and Korrin Mai**

Memory Matters | Geltwood House  
Carleton Clinic | CA1 3SX

