

PATIENT ESCORT INFORMATION

Important information for adults accompanying patients having dental treatment with sedation



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You have been asked to accompany someone who is having dental treatment under sedation.

- Patients can feel less anxious if they receive a sedative drug (medicine) before or during their dental treatment. The drugs used can cause some patients to feel a little disorientated or confused for a short time after the treatment.
- The patient has been given full instructions about what to do on the day of the sedation visit and some do's and don'ts during the recovery phase.
- It is important that someone will be responsible for them and take care of them for the remainder of the day. Occasionally, it may be necessary for someone to stay with them overnight.

Please note the following:

- The patient will have been given a telephone number of who to contact if you have any concerns.
- The patient will not be allowed to go home until the dentist is satisfied that the patient is in the care of a responsible adult (over 18 years of age).
- The escort must be present at the start of the dental appointment and be prepared to remain on the premises whilst the patient is having their dental procedure.
- The escort **MUST** accompany the patient as they leave the dental surgery.
- Some patients take a little longer than others to be ready to go home, so please be aware that a precise time cannot always be given.
- The patient's judgement (ability to think clearly) is likely to be affected. Patients should not make any irreversible decisions for up to 24 hours following their treatment.
- Owing to the after effects of the drugs used, care should also be taken when using the internet for personal communication.
- Patients should be encouraged to rest for a while once they are home. It is not recommended for them to be in charge of others until the next day.
- The dentist will explain to the patient which pain relief medicines he or she may take.
- Patients should take their usual prescribed medicines unless directed otherwise by their doctor or dentist.
- Care should be taken when cooking or using domestic appliances.

Patients Should Not:

- **Drive a vehicle or ride a bicycle**
- **Operate machinery**
- **Drink alcohol**
- **Use recreational drugs**



Until the following day and in some cases, for **up to 24 hours**. The sedationist will be happy to discuss this with the patient and their escort. The dentist will advise the patient on the day of treatment.

Contact details:

Dental Direct

North Cumbria 01228 603900

South Cumbria 01539 716822

Specialist Dental Services

Carlisle Dental Centre
Infirmary Street
Carlisle
CA2 7HY

Dental Clinic Penrith Health Centre
Bridge Lane
Penrith
CA11 8HS

Wigton Group Medical Practice
Southend Low Moor Road
Wigton
CA7 9QD

Workington Community Hospital
Park Lane
Workington
CA14 2RW

Cleator Moor Health Centre
Birks Road
Cleator Moor
CA25 5HP

Dental Outpatients Dept
West Cumberland Hospital
Hensingham
Whitehaven
CA28 8JG

Flatt Walk Health Centre
3 Castle Meadows
Whitehaven
CA28 7QE

Dental Department
Westmorland General Hospital
Burton Road, Kendal
LA9 7RG

Barrow Dental Centre
Ulverston Health Centre
Stanley Street
Ulverston
LA12 7BT

Dental Department
Abbey Road
Barrow in Furness
LA14 1XH

If you would like this factsheet in another language or format, for example Braille, large print or audio, please call:

01228 603890

E: communications.helpdesk@cumbria.nhs.uk

Or write to Engagement and Communications
Voreda House | Portland Place | Penrith | CA11 7QQ



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