

South Lakes/Barrow Planner

Please note this planner is up to date from **19th November 2018** and may not be the most up to date information.

If you are interested in attending any of these programmes or would like to know when the next one is running in your area please call [01229 404693](tel:01229 404693)

Spring term

Programme	Introduction session	Dates/Day	Start time	Location
What Now 8 week programme	Introduction session 11/01/19	FRIDAYS 18/01/, 25/01, 01/02, 08/02, 15/02, 01/03, 08/03, 15/03	10:00 – 12:00	ULVERSTON LUND TERRACE
What Now 8 week programme	Introduction session 08/01/19	TUESDAYS 15/01, 22/01, 30/01, 06/02, 13/02, 20/02, 27/02, 06/03	18:30-20:30	KENDAL WEST CHILDRENS CENTRE
What Now 8 week programme	Introduction session 18/01/19	FRIDAYS 25/01, 01/02, 08/02, 15/02, 01/03, 08/03, 15/03, 22/03	10:00 – 12:00	BARROW GREENGATE CHILDRENS CENTRE
Behaviour Support Workshop 7 weeks	Introduction session 16/01/19	WEDNESDAYS 23/01, 30/01, 06/02, 13/02, 27/02, 06/03, 13/03,	09:30-11:30	BARROW GREENGATE CHILDRENS CENTRE
Sensory workshop 2 Session's	Session 1 – MONDAY 25/02/2019	Session 2- MONDAY 25/03/2019	10:00 – 12:00	KENDAL FIRE STATION
Sleep Workshop 2 sessions	Session 1 - THURSDAY 07/02/18	Session 2 - THURSDAY 07/03/18	10:00 – 12:00	KENDAL FIRE STATION
Sleep Workshop 2 sessions	Session 1 - THURSDAY 28/02/2018	Session 2 – THURSDAY 28/03/2018	10:00 – 12:00	BARROW GREENGATE CHILDRENS CENTRE

The planner will be updated January 2019