

# Comments Compliments and Complaints



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**We aim to provide the highest standards of care for people using our services. If you have a comment, compliment or complaint to make about your experience of using our services, we would be glad to hear from you.**

We will do our best to help resolve any concerns you may have, and your feedback will help us to improve the services we provide. As well as letting us know if you are unhappy about something, it is good to let us know what we are doing well.

This factsheet gives you information about how to make a complaint.

The Trust encourages complainants to speak openly and freely about their concerns. We would like to reassure you that you will not be discriminated against for making a complaint against the organisation.

## Who can help me?

It is always best to raise any concerns or queries as soon as possible, so speak to a member of staff, your health professional, or ward manager in the first instance if possible.

If you would prefer to speak to someone else, you can contact the Experience of Care Team who can:

- provide confidential, on the spot advice and support
- help resolve concerns about the care we provide
- provide information on advocacy

## Write to:

The Patient Experience Team  
Cumbria Partnership NHS Foundation Trust  
The Coppice, Carleton Clinic  
Cumwhinton Drive  
Carlisle, CA1 3SX

**Telephone:** 01228 602128

**Freephone:** 0800 633 55 47

**Email:** [pet@cumbria.nhs.uk](mailto:pet@cumbria.nhs.uk)

**Text:** 07827 312 699



## How do I make a formal complaint?

There are a number of ways you can make a formal complaint.

### Write a letter to:

Chief Executive,  
Cumbria Partnership NHS Foundation Trust  
Voreda House  
Portland Place  
Penrith  
Cumbria, CA11 7QQ

**Telephone:** 01228 602128

**Freephone:** 0800 633 55 47

**Email:** [pet@cumbria.nhs.uk](mailto:pet@cumbria.nhs.uk)

**Text:** 07827 312 699

Visit our website and fill in the online form:

[www.cumbriapartnership.nhs.uk](http://www.cumbriapartnership.nhs.uk)

The Lead Complaints Coordinator can also be contacted as outlined above.

You may prefer to discuss your complaint face to face with the Lead Complaints Coordinator.

If so, contact us to request a meeting.

When you make your complaint you need to tell us:

- what the problem was/is
- when and where it happened
- your full name and address
- the patient's name, if you are complaining on behalf of someone else
- what you would like to happen

It is helpful if you give us a telephone number or e-mail address so we can contact you, as this often helps to speed up dealing with your complaint.

Advocacy services can offer support to patients and carers who wish to pursue a complaint about their NHS treatment and care. This service is free, confidential and independent.

If you require further information please contact our team who will be happy to provide this for you. If you feel you need independent help and support to make a complaint, contact:

**BEST LIFE ADVOCACY**  
4-6 Oxford Street  
Workington, CA14 2AH  
Tel: 01900 607208  
Email:

**BEST LIFE ADVOCACY**  
123-127 Botchergate  
Carlisle, CA1 1RZ  
Tel: 01228 550696  
Email:

**BEST LIFE ADVOCACY**  
12 Duke Street  
Barrow in Furness, LA14 1LF  
Tel: 01229 550696  
Email:

## Can I make a complaint for someone else?

Yes – however, if you are making a complaint on behalf of another person, you need to make sure that the other person knows you are doing this and agrees with the complaint. We must get their permission to deal with the matter. If the person you are complaining for is unable to understand, we will discuss this with you before a decision is made about what to do.

Please contact the Lead Complaints Coordinator for further advice about capacity, consent and the complaints procedure on **01228 602128**.

## When should I complain?

You should complain as soon as possible after you notice a problem.

The NHS will only investigate complaints made:

- Within twelve months of the event happening
- Within twelve months of you realising you need to complain – ideally this should not be more than one year from the event happening. These time limits however can be waived if there are good reasons why you could not make the complaint sooner.

## What will happen when I make a formal complaint?

We will acknowledge your complaint within three working days of receiving it. A manager will then investigate your complaint.

The Trust aims to resolve complaints as quickly as possible and issue a response within a maximum of 25 working days unless an extended timescale is agreed with a complainant. If any agreed timescales are unable to be met due to exceptional circumstances, we will provide the complainant with a progress report and agree an extended timescale.

## What happens if I am detained under the Mental Health Act?

Patients who are detained under the Mental Health Act 1983 have the same rights as other NHS patients to complain about their treatment and care. However, they have additional rights under this Act. **The Care Quality Commission** can provide advice and assistance to complainants making a complaint against a health service, in ensuring that the service is fully meeting the requirements of the Mental Health Act.

Their powers are limited to the duties and responsibilities in the Mental Health Act, however, they can make sure that health services are correctly applying and interpreting the Mental Health Act – the key law which ensures that the rights of people subject to detention, guardianship or supervised community treatment are respected and retained.

You can contact them at:

CQC National Correspondence  
Citygate  
Gallowgate  
Newcastle upon Tyne NE1 4PA  
**Telephone: 03000 616161 Fax: 03000 616171**

If you require advocacy services you can contact them at:

IMHA (Independent Mental Health Advocacy Service) at Advocacy Experience

4 Harvard Court  
Quay Business Centre  
Calver Road  
Warrington WA2 8LT

Tel: referral line **0844 800 2776**

Email: [imha@advocacyexperience.com](mailto:imha@advocacyexperience.com)

Web: [www.advocacyexperience.com](http://www.advocacyexperience.com)

### **What about confidentiality?**

Everyone in the NHS has a duty to protect confidentiality. However, information from your health records may have to be shared with clinical and managerial staff investigating your complaint. All information relating to complaints is stored securely and separately from your health records.

### **What if I am not happy with the response to my complaint?**

If you are unhappy with the response to your complaint, you have the right to ask the Health Service Ombudsman to review your case. The Health Service Ombudsman carries out independent investigations into complaints about the NHS in England.

### **Write to:**

Health Service Ombudsman  
Millbank Tower  
Millbank  
London SW1P 4QP

**Tel: 0345 0154033**

**Web:** [www.ombudsman.org.uk](http://www.ombudsman.org.uk)

### **Freedom of Information Act**

The Freedom of Information (FOI) Act is a law that gives people the general right to see recorded information held by public authorities. If you have submitted a FOI request and are unhappy with the response you have been given, you have the right to complain under the Trust's formal complaints procedure. Information on your rights under the Freedom of Information Act is available at [www.ico.gov.uk](http://www.ico.gov.uk) or [www.dca.gov.uk](http://www.dca.gov.uk)

If you would like this factsheet in another language or format, for example Braille, large print or audio, please call: **01228 603890**  
E: [communications.helpdesk@cumbria.nhs.uk](mailto:communications.helpdesk@cumbria.nhs.uk)

Or write to Engagement and Communications  
Voreda House | Portland Place | Penrith | CA11 7QQ



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